

GBAIT: POS 450:

Coverage Period: 1/1/17-12/31/17

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual + Family | Plan Type: POS



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.gabankers.com/GBAIT/gbaithome.asp or by calling 1-877-380-0193.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	\$500 per person/ \$1500 family. Does not apply to in-network preventive care, home health care, skilled nursing, hospice and prescription drugs.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. \$4,000 person/ \$8,000 family for medical expenses, \$7,150 per person/ \$14,300 family for medical and Rx expenses combined.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, pre-authorization penalties, charges over maximum allowed amount, services plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. See www.anthem.com for a list of participating providers	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 copay	40% coinsurance	None
	Specialist visit	\$50 copay	40% coinsurance	None
	Other practitioner office visit	20% coinsurance for skeletal adjustment	40% coinsurance for skeletal adjustments	20 visit per year maximum, combined with physical and occupational therapy
	Preventive care/screening/immunization	No cost	40% coinsurance; deductible waived for children under 6 yrs.	Covered services based on age, gender and other factors.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Prior authorization required.

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.magellanrx.com	Generic drugs	Copay per prescription: \$15 retail, \$30 mail order	40% coinsurance plus difference between charge and negotiated rate	Retail covers up to a 30-day supply. Mail order covers up to 90-day supply for generic and preferred brand; 30 days for non-preferred brand drugs.
	Preferred brand drugs	Copay per prescription; \$45 retail, \$90 mail order	40% coinsurance plus difference between charge and negotiated rate	Maximum benefit for ulcer drugs: \$30; antihistamine: \$20
	Non-preferred brand drugs	Copay per prescription: \$70 retail or mail order.	40% coinsurance plus difference between charge and negotiated rate	When generic equivalent available, member pays generic copay plus difference in cost of generic and brand name drug.
	Specialty drugs	20% coinsurance up to \$500 per prescription per month	40% coinsurance plus difference between charge and negotiated rate	Step therapy required for certain drugs. Not covered unless prior authorization obtained. Step therapy required.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Prior authorization required.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Prior authorization required.
If you need immediate medical attention	Emergency room services	20% coinsurance	20% coinsurance	Not covered if not a medical emergency
	Emergency medical transportation	20% coinsurance	20% coinsurances	Not covered if not a medical emergency
	Urgent care	\$60 copay	40% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Prior authorization required.
	Physician/surgeon fee	20% coinsurance	40% coinsurance	Prior authorization required.

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If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$25 copay/office visit, 20% coinsurance other outpatient services	40% coinsurance	Some outpatient services require prior authorization. Intensive outpatient and partial hospitalization subject to same limits as home health care.
	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	Prior authorization required. Residential treatment facilities subject to same limits as skilled nursing and medical rehab facilities.
	Substance use disorder outpatient services	\$25 copay/office visit, 20% coinsurance other outpatient services.	40% coinsurance	Some outpatient services require prior authorization. Intensive outpatient and partial hospitalization subject to same limits as home health care.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	Prior authorization required. Residential treatment facilities subject to same limits as skilled nursing and medical rehab facilities.
If you are pregnant	Prenatal and postnatal care	\$50 copay first office visit then 20% coinsurance	40% coinsurance	Not covered for dependents other than spouse except as provided in preventive care.
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	Not covered for dependents other than spouse except as provided in preventive care.

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If you need help recovering or have other special health needs	Home health care	No cost for first 15 visits/calendar year, then 20% coinsurance, deductible waived	40% coinsurance deductible waived	Maximum visits: 40 per calendar year. Prior authorization required.
	Rehabilitation services	20% coinsurance	40% coinsurance	Cardiac and pulmonary rehab requires prior authorization and individual case management. Maximum visits: 20 per calendar year for physical and occupational therapy and skeletal adjustment, combined; 20 visits per year for speech therapy
	Habilitation services	20% coinsurance	40% coinsurance	Generally, not covered. Benefits only for certain severe developmental delay
	Skilled nursing care	No cost for first 10 days/calendar year, then 20% coinsurance, deductible waived	40% coinsurance deductible waived	Maximum days: 60 per calendar year. Prior authorization required.
	Durable medical equipment	20% coinsurance	40% coinsurance	Prior authorization required.
	Hospice service	No cost	40% coinsurance deductible waived	Prior authorization required.
If your child needs dental or eye care	Eye exam	Not covered	Not covered	Annual screening covered under preventive care.
	Glasses	Not covered	Not covered	
	Dental check-up	Not covered	Not covered	

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture (if prescribed for rehabilitation purposes)
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S. unless prior authorization obtained
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care, limited to 20 visits per year combined with physical and occupational therapy
- Private-duty nursing when ICU or CCU not available

Your Rights to Continue Coverage: If you lose coverage under the plan, then, depending upon the circumstances, Federal and State law may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the GBA Insurance Trust at 404-522-1501. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Paragon Benefits, Inc. at 1-800-277-9218 or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

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Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-380-0193.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,525
- Patient pays \$2,015

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$500
Copays	\$185
Coinsurance	\$1,390
Limits or exclusions	\$0
Total	\$2,015

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,880
- Patient pays \$1,520

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$500
Copays	\$780
Coinsurance	\$240
Limits or exclusions	\$0
Total	\$1,520

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.